



Central Valley Periodontics & Implants

809 Sylvan Ave., Suite 300 • Modesto, CA 95350

Tel: (209) 572-6008 Fax: (209) 572-6009

www.centralvalleyperio.com

PRE-SURGICAL INSTRUCTIONS

GENERAL GUIDELINES:

1. Plan to arrive **10 minutes** prior to your scheduled appointment time to complete the following:
 - Confirm your follow-up appointment one or two weeks after surgery.
 - Review and sign a surgical consent form.
 - If you are prescribed an oral sedative, a spouse or legal guardian **MUST** sign your surgical consent form the day of treatment. Otherwise you must make arrangements to sign it ahead of time.
2. Take any **pre-medication antibiotics** as directed by the doctor.
3. Take all of your regularly prescribed medicine unless you are explicitly told not to do so by the doctor (such as **blood thinners**).
4. Pay special attention to your physical well being prior to surgery. Make certain that you are well rested and eat a light meal before your appointment if you are not being sedated.
5. Wear loose, comfortable clothing (such as a short sleeved shirt or thin long-sleeved shirt) to surgery to allow us to take an accurate blood pressure. Please remove jewelry and piercing.
6. Plan ahead to reduce your physical activities for at least three days after surgery.

SEDATION (ORAL and/or IV) GUIDELINES:

1. You **MUST** have a responsible person escort you to and from your appointment, and stay with you for several hours afterward while you recover. This does **NOT** include bus, taxi, or car service (Uber, Lyft).
2. If your appointment is 60 minutes or less, your ride must **REMAIN** at the office.
3. **DO NOT** eat anything six hours prior to your surgery. This means **NO FOOD**.
4. **DO NOT** drink anything two hours prior to your surgery unless you need to take medications. This means **NO LIQUID**.
5. You may take all of your regularly **prescribed** medications and/or oral sedative with a **MINIMAL** amount of water unless you are explicitly told not to do so by the doctor.
6. **Diabetics** should have some clear juice to prevent hypoglycemia.
7. Please trim down your finger nails if they are extremely long.
8. **You may not drive for at least 12 hours after your surgery.**

IF YOU HAVE ANY PROBLEMS OR QUESTIONS, DO NOT HESITATE TO TELEPHONE THE OFFICE AT ANY TIME. 209-572-6008.

Patient's (or legal guardian's) signature

Date